

skyquilter's Pattern For:

"Melt My Heart" Mug Rug



Mug Rug 6" x 9"

This version of the "Melt My Heart" Mug Rug was made using felted wool fabric for the snowman applique, and cotton fabric (Midnight Clear by 3 Sisters for Moda) for the pieced blocks. Valdani Perle Cotton threads and DMC No 8 Solids were used for the applique and the 'big stitch' quilting. The batting is wool. The binding is cotton and was applied by machine.

Fabric Requirements

7" x 10" wool fabric (any color) for the back
7" x 10" batting
50" prepared cotton binding
24 - 1½" squares of cotton fabric
8" x 9" dark blue wool fabric for the background (will be trimmed to 6½" x 5½")
8" x 9" Pellon Shape-Flex SF101
4" x 5" white wool for snowman
3" x 4" light green wool for scarf and the pompom on the hat (or color of your choice)
4" x 4" dark green wool for hat (or color of your choice)
2" x 2" red wool for heart
8" x 10" Pellon 805 Wonder Under
Perle cotton threads (to match wool fabric choices)
#24 Chenille Needle

Blocks

Using a ¼" seam, piece together the 24 1½" squares to make 6 rows of 4 squares each. Unfinished block should measure 6½" x 4½". TIP - Take a picture of your layout before you begin piecing the blocks!

Applique

Using the attached snowman pattern, trace all the individual shapes onto the paper side of Pellon 805 Wonder-Under. (The pattern image has already been reversed.) Be sure to trace a little extra where the shape will be slightly "under" another piece. (This is the dotted line on the attached pattern pieces.) Cut out all the shapes, leaving about ¼" around each shape.

Take the cut out shapes and place them rough side down on the **back** of your wool fabric. Following the directions on the Wonder-Under, fuse them to the fabric (about 5-8 seconds using a hot, dry iron). Using small sharp scissors cut the shapes on the traced lines.

Prepare the 8" x 9" background fabric by fusing the 8" x 9" Pellon Shape-Flex SF101 to the **back** of the background fabric. This will give the background fabric more stability once you start embroidering.

Begin "building" your snowman applique on to your background fabric, beginning with the bottom most pieces. Gently remove the paper backing and place them on the background fabric. Layer the other shapes on top. Following the Wonder-Under

directions, fuse the layered shapes to the background fabric. (Use a damp cloth, with the iron on the wool setting.)

Once all shapes have been fused, you can begin adding hand embroidery stitches.

- Blanket or whip stitch around the snowman, the hat, the scarf and the heart.
- Stem stitch the mouth, and the arms.
- Criss-Cross straight stitches for the pompom on the hat.
- Use varying lengths of straight stitches for the fringe on the scarf.

Trim your background fabric to 6½" x 5½".

Finishing the Front

With right sides together, using a ¼" seam, piece together the 6½" x 4½" block to the 6½" x 5½" applique. The Mug Rug top will now be 6½" x 9½".

Finishing the Mug Rug

Layer the backing, the batting and the mug rug front. Baste. Quilt using big stitch hand quilting, or as desired.

- Do some 'big stitch' quilting to outline the snowman applique.
- Do some 'big stitch' quilting on the pieced blocks.
- Add some straight stitches to make snowflakes on the background fabric.

Apply the binding by hand or machine.

As an alternative to using wool, cotton fabrics can be used.



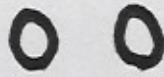
Using the same instructions above, this version of 'Melt My Heart' Mug Rug was made using all cotton fabric (Fairy Frost by Michael Miller Fabrics). Two (2) strands of embroidery thread were used for the applique, and three (3) strands for the 'big stitch' quilting. The batting is cotton/poly.

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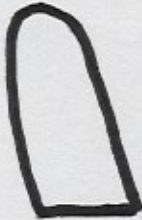
Pom Pom



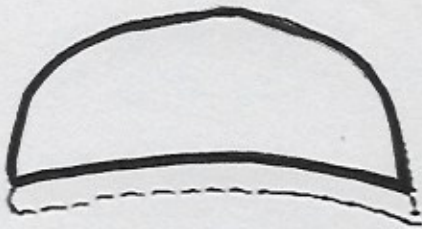
eyes



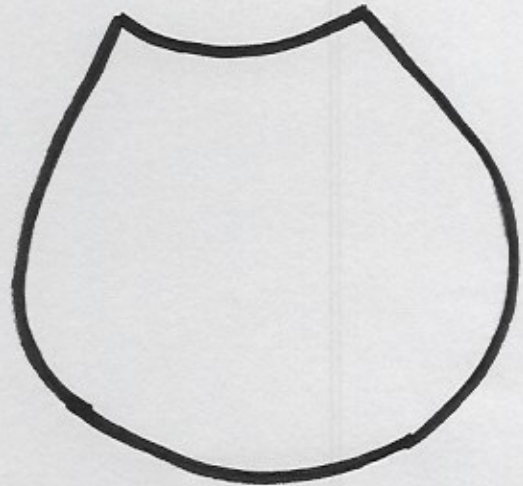
SCARF



Showman
body



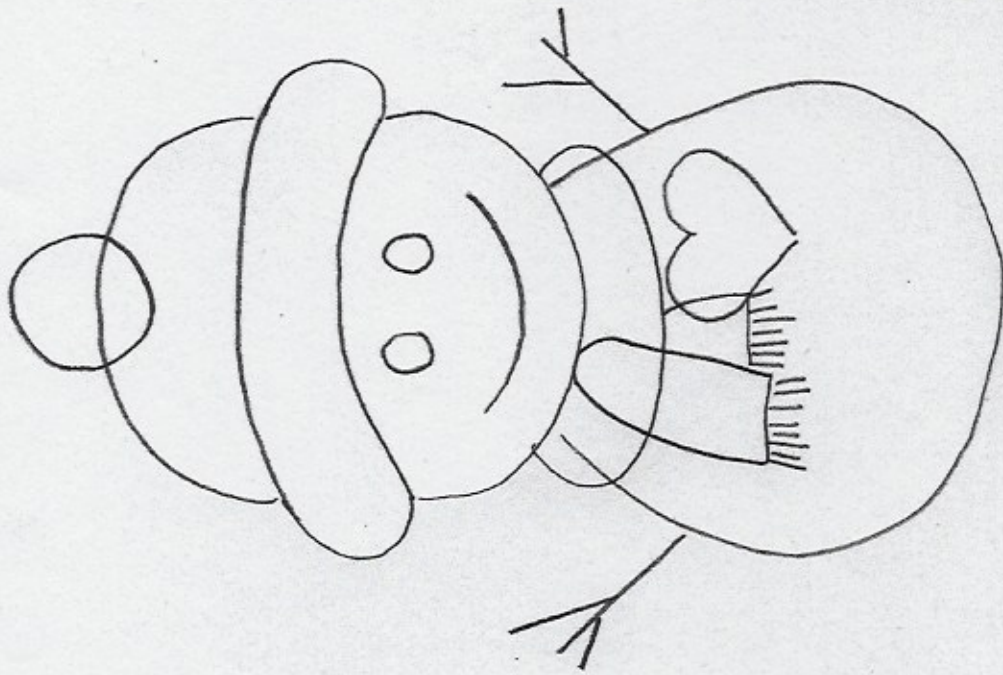
HAT



HEART



1 inch test square



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